



ROUNDTABLE
HEALTHCARE PARTNERS

March 13, 2018

Dear Ms. Beville:

I am delighted to write this letter, recommending Ted Gillespie for consideration as a Certified Trainer for the Virtual Dementia Tours and Second Winds, Inc. Ted is a wonderful person, with the highest integrity and a gift for working with dementia patients.

I have known Ted for over six years, starting when my mother hired him as the primary caregiver for my father, who was entering the middle stages of Alzheimer's. Ted's role was to provide daily care and comfort for both my father and mother. He stepped in without hesitation showing his kindness, compassion and knowledge of this disease from day one. His duties were simple, but not easy, to give the best quality of life to my father (and mother) as long as possible. On a daily basis, Ted would take care of my father's ADLs, find engaging interests my father enjoyed and try to continue them as long as possible as he knew how important these activities were to my parents.

In the beginning they would sit by the fireplace and discuss business and sports and more business. Ted had this ability to connect with my father and over the years I've seen this connection with every person he's met with dementia.

As my father went through the different stages, Ted displayed the ability to adapt to my father's ever-changing needs. He understood the disease, where it was going, and anticipated what was next. When my father needed additional care Ted knew when and how to proceed at that difficult time.

He was amazing working with our doctors, the assisted living community and our own family. As Dad progressed Ted was there with his experience, knowledge and commitment to the end. If there ever was a perfect person to teach and inspire caregivers and families to understand the behaviors of people with dementia, it would be Ted Gillespie.

If you have any questions or concerns, please don't hesitate to contact me.

Regards,

Lester B. Knight

LBK:bm